8a Englisch Woche 27.04. – 30.04.2020 – solution: Healthy or unhealthy

healthy	unhealthy
bread, cheese, cornflakes,	coffee, eggs, rolls, toast,
fruit juice, milk, muesli, tea,	beans, beef, curry,
carrots, chicken, fish, peas,	hamburgers, lamb, pasta,
potatoes, rice, soup, fruit, nuts	pork, sausages, soft drinks,
	steak, turkey, biscuits,
	chocolate, crisps, ice cream

WATCH OUT: We can, of course, argue about some words – why is bread good and toast bad? You may have a different view and it may be okay. All you need to do is to argue convincingly. So, why is bread better than toast? Toast usually is white bread with lots of sugar in it, while bread is more often made of whole-grain. Thus, the first is rather unhealthy while the latter is healthier!